



SIMBITHI COUNTRY CLUB GYM APPLICATION FORM

I hereby wish to have access to the Simbithi Country Club Gymnasium

SCC REG NO.

OWNER NAME _____

ADDRESS: _____

ADDITIONAL FAMILY MEMBERS REQUIRING GYM ACCESS:

NAME	SURNAME	ID NO.	AGE	CELL NO.	RESIDENT

SCC GYMNASIUM MEMBERS' CODE OF CONDUCT AND RULES:

I hereby acknowledge that I have read and understood the below Members' code of conduct and agree to abide thereto:

Simbithi Code

1. Common courtesy and respect of other members is not only encouraged, it is expected.
2. Abusive language and aggressive behaviour will NOT be tolerated.
3. The use of alcohol or illegal substances in the Gymnasium is strictly forbidden.

Operating Hours

The Gymnasium is open between 5.30am to 9pm; 7 days a week. Please ensure you are ready to leave by 9pm, so that Security can lock the doors and secure the facility.

Use

1. As a prerequisite to gym membership, all members must be members of Simbithi Country Club.
2. The right to admission is reserved.
3. The SCC Gymnasium management reserve the right to add, amend and change rules.
4. The use of this facility is restricted to registered members, who are existing Country Club members and have signed the membership form and waiver. Non-members will not be permitted access.
5. For safety and liability reasons, children under the age of 18 will only be permitted into the gym under the supervision of their parents.
6. No spectators are allowed in the Gymnasium environment.
7. No kit bags are allowed on the functional floor.

8. Members are requested to be mindful of other members when using technical devices, including cell phones in the Gymnasium.

9. Safe and appropriate sportswear, including footwear, must be worn at all times.
10. Strictly no glass bottles or cans allowed in the Gymnasium.
11. No food is to be consumed in the Gymnasium.
12. When you are finished using mobile equipment, kindly put it back in its place.
13. Do not disable a piece of equipment by removing a piece from it for other exercises.
If there is a specific need for a piece of equipment or if you have a suggestion, kindly request same from the Sport Manager.
14. Please report any equipment faults to the Sport Manager.
15. The use of all cardio equipment, including exercise bikes, is limited to a maximum of 30 minutes at all times to ensure fair usage by all members.
16. Kindly be mindful of other members waiting to use gym equipment.
17. Reserving equipment in advance or before changing will not be recognised.
18. Unattended equipment will be considered available for all members who are present, and they will have priority.
19. Please respect the equipment and wipe off after use.
20. Please deposit litter in the bins provided.
21. Personal Trainers are to be admitted and endorsed by management.

Consequence of Non-Compliance

Failure to abide by this Code of Conduct may result in a penalty, suspension or expulsion from the gym for the remainder of the year without refund.



Initial	
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WAIVER OF LIABILITY FOR GYM USE

I hereby understand and acknowledge that training at the Simbithi Gym may expose me to many inherent risks, including accidents, injury, illness, or even death.

I assume all risk of injuries associated with participation including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and all other such risks being known and appreciated by me.

I hereby acknowledge that I am physically fit and mentally capable of performing the physical activity I choose to participate in. After having read this waiver and knowing these facts, and in consideration of acceptance of my participation and Simbithi Gym furnishing services to me, I agree, for myself and anyone entitled to act on my behalf, to **HOLD HARMLESS, WAIVE AND RELEASE** Simbithi Gym, Simbithi Country Club, Simbithi Eco Estate Home Owners Association NPC, its officers, agents, employees, organizers, representatives, and successors from any responsibility, liabilities, demands, or claims of any kind arising out of my participation in the Simbithi Gym training, programs and/or events.

By my signature I indicate that I have read and understand this Waiver of Liability. I am aware that this is a waiver and a release of liability and I voluntarily agree to its terms.

FIRST PARTICIPANT'S NAME Name (Please Print): _____ ID No _____

SIGNATURE _____ Date: _____

SECOND PARTICIPANT'S NAME (Please Print): _____ ID No . _____

SIGNATURE: _____ Date _____

THIRD PARTICIPANT'S NAME (Please Print) _____ ID No. _____

SIGNATURE _____ Date _____

FOURTH PARTICIPANT'S NAME (Please Print) _____ ID No. _____

SIGNATURE _____ Date _____

In case of emergency, contact: _____ Phone: _____

(Parent's signature if under 18 years of age)

MINORS

I represent that I have legal capacity and authorize to act on behalf of the minor named herein. I acknowledge and understand that waiver of liability stated herein is applicable to my minor child. I accept and understand that my minor child will be my sole responsibility while in Simbithi Gym. I acknowledge that Simbithi Gym, Simbithi Country Club and Simbithi Eco Estate Home Owners Association will be held **HARMLESS AND FREE FROM ALL LIABILITY** in the event of my minor child being harmed in any way possible while in Simbithi Gym. I, my heirs and assigns, next of kin, and all others acting on my behalf agree to waive any and all rights, claims, damages, actions, causes of action or suits of any kind or nature whatsoever which I have or my child has against Simbithi Gym, Simbithi Country Club and Simbithi Eco Estate Home Owners Association.

Parent/Guardian Signature: _____ Date _____

SCC Rep		Date		Cash <input type="checkbox"/> Card <input type="checkbox"/> Evy <input type="checkbox"/>
Payment	R	Receipt No.		